

Last year, members of more than 60 churches supported the nearly 8 million meals funded, packaged and distributed to our neighbors across the street and around the world. There are three ways your church can accept this call.

PRAY for God's comfort and love to bless those who are hungry, that God's people would arise to help those in need, and that He would touch our hearts to know what each of us must do.


GIVE through a special offering, missions gift, or sponsoring an event to raise funds for purchasing rice, soy protein, vegetables and vitamins to package meals for those in need. Your church can:

- Distribute empty bags used for packaging meals (bags provided) and encourage your members and families to return bags with money collected.
- Have a "noisy offering." Distribute the bags used for packaging meals and encourage your members and families to fill them with change - then empty the change into a metal tub in a visible location at your church.
- Get the kids involved! This is a great project for Sunday School or Vacation Bible School and encourages children to experience the joy of giving to support mission projects.
- Be creative in developing an event for your church. Just let Meals from the Heartland know how we can help!

SERVE by volunteering August 31 thru September 3, 2011 at Hy-Vee Hall in Des Moines... sign up to package meals, volunteer to stock tables with meal ingredients, supervise the packagers, make boxes, or register volunteers. Or at another time of the year you can host your own packaging event at your church or the Meals from the Heartland warehouse! There are many ways to be involved!

May the Church Arise to...

Feed the Hungry



"Feed the hungry, and help those in trouble.
Then your light will shine out from the darkness, and
the darkness around you will be as bright as noon."

- Isaiah 58:10



Meals FROM THE
Heartland

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